



NATIONAL OPEN UNIVERSITY OF NIGERIA
UNIVERSITY VILLAGE, NNAMDI AZIKIWE EXPRESS WAY, JABI, ABUJA
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF NURSING SCIENCES

2021_2 Examination Question

PROGRAMME: BACHELOR OF NURSING SCIENCE (BNSc.)

COURSE CODE: NSC314

COURSE TITLE – MENTAL HEALTH AND PSYCHIATRIC NURSING I

CREDIT UNITS: 3

TIME ALLOWED: 3 HOURS 30 MINUTES

TOTAL MARKS: 70%

INSTRUCTION: ANSWER ALL THE QUESTIONS

Question 1

1a. Briefly discuss any five (5) models used to explain the causes of mental illness. **10mks**

1b. What do these terms mean in the discussion of aetiologic factors of mental illness?

i. Predisposing cause

ii. Precipitating cause

iii. A reinforcing or perpetuating cause (2mk each)

6mks

1c. Highlight the four important functions of mental hygiene

4mks

Question 2

2a. There are eight factors according to Rice and Hein (1954) for maintaining positive health.

Briefly describe any six of these factors.

12mks

2b. Identify the roles individuals and government should play to improving positive mental health in Nigeria

8mks

Question 3

3a. Discuss the changes that have affected the role of mental health-psychiatric nurse over time.

6mks

3b. The roles of the psychiatric nurse have been described as 3R's. Describe the 3R's as understood from the perspective of psycho-behaviour.

6mks

3c. Describe various ways by which the above (3Rs's) can be demonstrated by the nurse.

8mks

Question 4

Briefly explain the five major or cardinal symptoms of mental illness.

10mks